

Volume 2

# The Mount Sinai Million Health Discoveries Program

Biannual Newsletter | February 2024

## A MESSAGE FROM OUR PRINCIPAL INVESTIGATORS

Drs. Alexander W. Charney & Girish N. Nadkarni



Dear Mount Sinai Million Participants,  
Welcome to the second edition of our bi-annual newsletter! We thank you for your continued dedication to our landmark study. Your contribution to this study will help move medicine forward!



## STUDY HIGHLIGHTS



### Recruitment Sites Are Expanding

We are officially recruiting at 6 hospitals and many clinics within the Mount Sinai Health System with Mount Sinai Brooklyn being our latest addition.



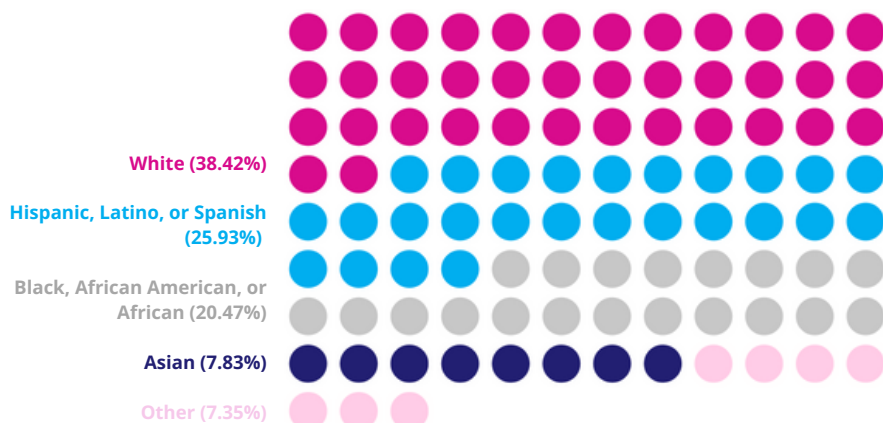
### Enrollment Status Growing

We are excited to announce a remarkable milestone in our study; we have successfully obtained over **82,000 enrollments** in less than two years!



### Embracing Diversity

We are committed to ensuring representation of all demographics in our study. The graph below illustrates the various groups that have been included to achieve this goal:



## Study Progress UPDATE



### CONSENT VIA E-CHECK IN NOW AVAILABLE

Mount Sinai patients will now have the option to consent during the e-check-in process through the MyMountSinai app and in-office kiosks throughout the Mount Sinai Health System.



### RECRUITMENT AT MOUNT SINAI BROOKLYN NOW LIVE

We are now actively enrolling participants at Mount Sinai Brooklyn inpatient and outpatient locations.



### PEDIATRICS RECRUITMENT COMING SOON

We are aiming to launch the pediatrics cohort to recruit Mount Sinai patients who are under the age of 18 years old.

NURSES DAY  
TABLING EVENT



## BY THE NUMBERS

as of 02/20/2024

Participants Enrolled

**82,644**